



# HIGHLIGHTS

Bi-Weekly  
Friday  
09/12/2025

vol.10

## Interested in being a guest for an ISL podcast episode?

Email [isl.fsu.edu](mailto:isl.fsu.edu) if interested in being interviewed for a podcast episode. Community members and researchers welcome!

## ISL Director Dr. Zhe He Awarded \$280,000 a2 Pilot Award

ISL Director, Dr. Zhe He, won a major **\$280K National a2 Pilot Award** from the **National Institute on Aging** to enhance AI-powered lab result interpretation for older adults. With this grant,

Dr. He's **LabGenie project** will develop user-friendly AI tools that help explain lab results, tailored especially for those with lower health literacy. This project could transform how older patients and caregivers understand and act on medical information. [Read here.](#)



## Dr. James Harding Promoted to Senior Lecturer

This August, **Dr. James Harding** was promoted to Senior Lecturer. He also recently published an article in the **Tallahassee Democrat** reflecting on the **35th Anniversary of the Americans with Disabilities Act** and its importance in ensuring equal opportunity and access, particularly as more people experience disability with age.



## RECENT AFFILIATE PUBLICATIONS

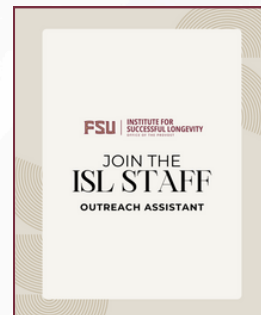
- **Dr. Sladjana Lukic**
  - A semantic strength and neural correlates in developmental dyslexia ([read here](#))
- **Dr. Joseph Watso**
  - Sodium intake and biological sex influence urinary endothelin-1 in salt-resistant adults: a pilot study ([read here](#))
- **Dr. Zhe He, Dr. Mia Lustria, Dr. Neil Charness, Dr. Dawn Carr, Dr. Antonio Terracciano**
  - Introducing the Adherence Promotion with Person-centered Technology (APPT) trial: Rationale, methods, and baseline characteristics ([read here](#))

Congratulations to all!

## LAST DAY OF RECRUITMENT ISL OUTREACH ASSISTANT

The Institute for Successful Longevity is looking for **motivated FSU undergraduates** to **shadow this fall** and potentially step into a paid **OPS role in Spring 2026**. [Apply or nominate here.](#)

- Open to students with 1–2 years left at FSU
- Focus on content creation and social media
- No prior experience required



## FALL 2025 SCHEDULE RELEASED ISL BROWN BAG SERIES

FSU's Institute for Successful Longevity (ISL) Brown Bags are informal lunchtime talks where faculty affiliates share their latest research on aging, health, and longevity to foster discussion and collaboration.

**12:00–1:00pm Innovation Hub  
Room 112 + Zoom**

**Tuesday Sept 23<sup>rd</sup>** – Dr. Daniel Leme  
**Wednesday Nov 5<sup>th</sup>** – Dr. Qian Zhang  
**Wednesday Nov 12<sup>th</sup>** – Dr. Qianwen Guo

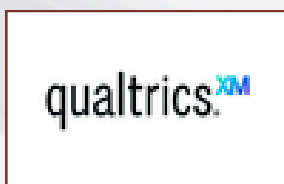


## WANT AN ISL FACULTY AFFILIATE SPOTLIGHT ON SOCIAL MEDIA?

The Institute for Successful Longevity (ISL) is working to **better understand how affiliates engage with our outreach platforms** and communications.

Your honest feedback will help us strengthen our efforts and highlight the incredible work being done across ISL. We're also refreshing affiliate records to feature more recent research, projects, and achievements. If you're interested in being spotlighted or included in ISL outreach efforts, please complete the final section.

**Your feedback is valuable**, thank you for your time! [Click here.](#)



## GOT RESEARCH NEWS OR A NEW PUBLICATION?

Have exciting research updates, recent findings, or opportunities to share? **Fill out our Qualtrics form** ([here](#)).

**Support the ISL & Contact Us!**

✉ [isl@fsu.edu](mailto:isl@fsu.edu) ☎ (850)–644–8571

[Link to Our Website & Socials](#)

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