

ISL HIGHLIGHTS

Esther & Del Grosser Scholarship Winner, Steven Medarev

Congrats to Steven Medarev, Ph.D. candidate at FSU, for winning the 2025 Grosser Scholarship and placing 2nd at ISL Poster Day! ([link](#))

Welcome New Faculty Affiliates

ISL at FSU welcomes nine new faculty affiliates to advance aging research through interdisciplinary collaboration. ([link](#))

ISL Hosts Successful 2025 Student Poster Day

ISL hosted its 2025 Student Poster Day, spotlighting student research on aging and promoting valuable faculty feedback and discussion. ([link](#))

Victoria Valko, New Outreach Assistant for the ISL

ISL welcomes Victoria Valko as Outreach Assistant. A second-year FSU student, she studies Public Health and IT, with interests in healthcare systems and tech. ([link](#))

Dr. Zhe He Appointed as New Director of the ISL

FSU has named health informatics expert Zhe He as director of the ISL, succeeding retired Psychology Professor Neil Charness. ([link](#))

RECENT AFFILIATE PUBLICATIONS



Dr. Ravinder Nagpal

- Almond snacking modulates gut microbiome and metabolome in association with improved cardiometabolic and inflammatory markers ([NPJ Science of Food](#))

Dr. Antonio Terracciano

- Marital status and risk of dementia over 18 years: Surprising findings from the National Alzheimer's Coordinating Center ([Alzheimer's Association](#))

Dr. Lucina Graven

- Examining Heart Failure Informal Care Partners Using Person and System Levels and Domains: A Meta-Synthesis ([PubMed](#))

Dr. Zhe He

- Synoptic reporting by summarizing cancer pathology reports using large language models ([NPJ Health Systems](#))
- Preliminary analysis of the impact of lab results on large language model generated differential diagnoses ([Nature Digital Medicine](#))

Dr. Mia Liza Lustria & Dr. Zhe He

- Enhancing patient engagement and understanding: is providing direct access to laboratory results through patient portals adequate? ([JAMIA Open](#))

Congratulations to all!

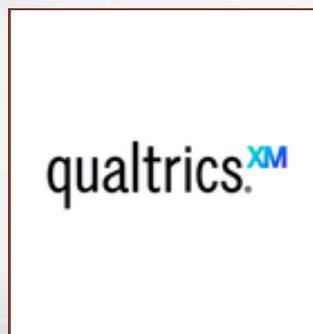


NEW!

WELCOME TO THE ISL'S BI-WEEKLY NEWSLETTER

The Institute for Successful Longevity is excited to launch a bi-weekly newsletter! With recaps, affiliate updates, and upcoming events - stay up to date with the ISL and our accomplishments.

If you are not already, you can support the ISL by checking out our [Link Tree](#) which contains our website, social media accounts, and recent affiliate publications.



GOT RESEARCH NEWS OR A NEW PUBLICATION?

Have exciting research updates, recent findings, or opportunities to share? We'd love to spotlight your work on ISL's social media!

Fill out this quick Qualtrics form ([click here](#)) or email us at isl@fsu.edu to let us know.

Upcoming: Podcast Series

The ISL is launching a new podcast series, Voices of Longevity, interviewing affiliates to learn more about their research.

Upcoming: Spring Newsletter

Keep an eye out for the ISL's bi-weekly newsletter where we feature events and news from this past semester.

Support the ISL & Contact Us!

[✉ isl@fsu.edu](mailto:isl@fsu.edu) [☎ \(850\)-644-8571](tel:(850)644-8571)

[Link to Our Website & Socials](#)

[📍 Louis Shores Building, FSU](#)