

FREE Facebook Live Workshop

**The Power of Music in Caring
for Loved Ones with Dementia:
Gateway to Connection and
Well-Being**



Join us!

THURSDAY
December 19, 2024

7:00 - 8:30 p.m.
Eastern Time

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KEY TOPICS:

- Benefits of Music Therapy in Caring for Loved Ones with Dementia
- Using Music to Facilitate Creative Caregiving and Self-Care Sleep Time and Quality
- Caregiver Examples of the Transformative Power of Music
- Dementia Care Resources

**TO REGISTER & RECEIVE YOUR FREE
WORKSHOP MATERIALS:**

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ACTS2
*African-American Alzheimer's
Caregiver Training & Support*