

August  
**23**

5th Annual

# Advances in Post-Acute and Long-Term Care Symposium



## Re-Thinking Best Practices in Long-Term Care

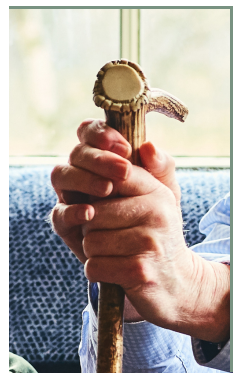


FLORIDA STATE UNIVERSITY  
COLLEGE OF MEDICINE



INSTITUTE FOR  
SUCCESSFUL LONGEVITY

The Maguire Center  
Westminster Oaks  
4449 Meandering Way  
Tallahassee, FL 32308



## Schedule

- 8:00 am** Registration/Check-in  
Continental Breakfast
- 8:30 am** David Nace, MD, MPH  
*New Guidelines on Urinary Tract Infection Management*
- 9:30 am** Roger Wong, MD  
*Preventing Social Isolation and Loneliness in Older Adults*
- 10:30 am** Break
- 10:45 am** Naushira Pandya, MD, CMD  
*Navigating Diabetes in Post-Acute and Long-Term Care*
- 11:45 am** Lunch Provided
- 1:00 pm** Keynote Presentation:  
Wendy Lustbader, MSW  
*Living as Prescribed: Ways to Motivate Improved Self-Care*
- 2:30 pm** Break
- 2:45 pm** Andrew Costa, PhD  
*The Influence of Physician Practice on Overall Long-Term Care Quality and Patient Outcomes - Evidence from Canada*
- 3:45 pm** Workshops
- 4:30 pm** Conclusion



## Continuing Education

Continuing education hours will be offered for:

- MD, DO, and PA
- ARNP, RN, and LPN
- LCSW, LMHC, and MFT
- NHA and NAB

Both management and clinical credits will be offered for CMD. More information on number of units available soon.

## Questions?

Sarah English  
850-644-1507  
[geriatrics.research@med.fsu.edu](mailto:geriatrics.research@med.fsu.edu)  
[med.fsu.edu/geriatrics/PALTCC](http://med.fsu.edu/geriatrics/PALTCC)



# Registration

Registration Fee: \$70

Payment Options:

Check - send with the form below to  
Department of Geriatrics  
Attn: Sarah English  
1115 W. Call Street, 4225  
Tallahassee, FL 32306-4300

Credit/Debit Card - register online at  
<https://paltc2019.eventbrite.com>

\*Registration available at the door with  
the check payment option

Name: \_\_\_\_\_ Title: \_\_\_\_\_

License #: \_\_\_\_\_ Facility/Organization: \_\_\_\_\_

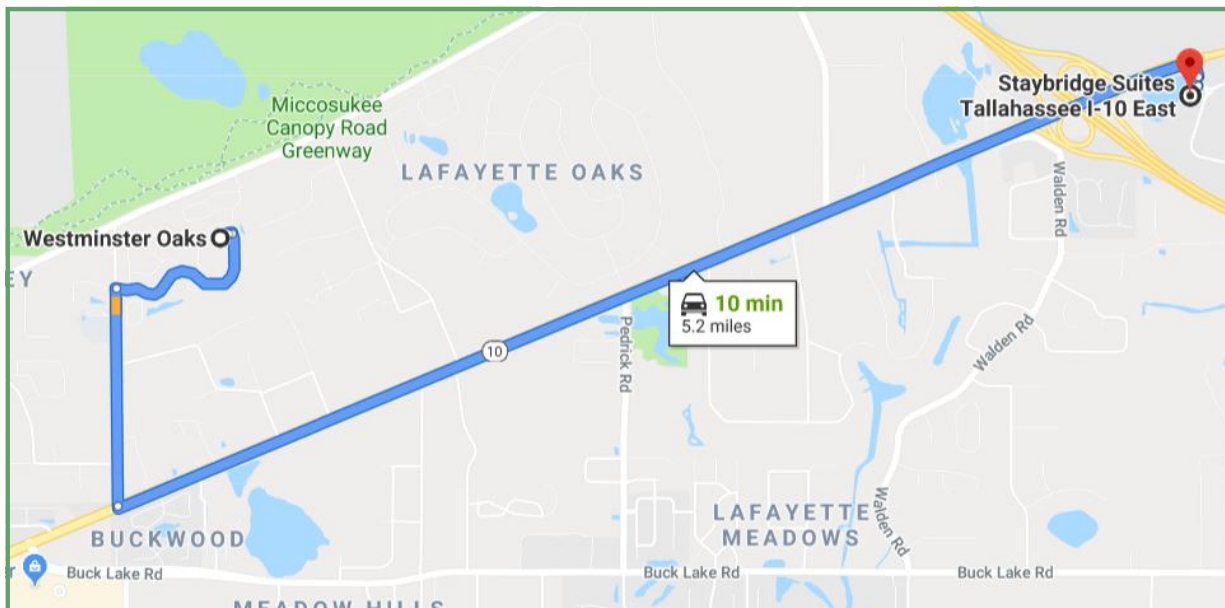
Street Address: \_\_\_\_\_ Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Which workshop do you wish to attend (please choose one)?

- |  |   |
|--|---|
| <input type="checkbox"/> Dr. Roger Wong: Opportunities for intervention to prevent social isolation and loneliness in older adults               | <input type="checkbox"/> Dr. Naushira Pandya: Diabetes Management in Long-Term Care |
| <input type="checkbox"/> Dr. Andrew Costa: How to quickly evaluate the effectiveness and cost effectiveness of a treatment based on the evidence | <input type="checkbox"/> Dr. Robert Nace: Antibiotic Stewardship                    |

## Location and Accommodations



This year's symposium will be held at the Maguire Center of Westminister Oaks. A discounted group room rate is available until August 1 at the Staybridge Suites Tallahassee, just 10 minutes away off I-10 and Hwy 90.

- |   |   |
|---|---|
| ■ Maguire Center<br>Westminster Oaks<br>4449 Meandering Way<br>Tallahassee, Florida 32308 | ■ Staybridge Suites Tallahassee<br>1600 Summit Lake Drive<br>Tallahassee, Florida 32317<br><a href="http://staybridge.com/Tallahassee/Staybridge">staybridge.com/Tallahassee/Staybridge</a> |
|---|---|

Group code provided upon registration.

# Meet Our Presenters

## Keynote: Wendy Lustbader, MSW



Ms. Lustbader is an Affiliate Associate Professor at the University of Washington School of Social Work and teaches courses in multigenerational studies. She is a skilled psychotherapist, having worked almost 20 years at a community clinic in downtown Seattle. Some of her publications include *Taking Care of Aging Family Members* - a practical guide to caregiving and *Counting on Kindness*, which helps readers comprehend the complex and often unspeakable feelings that arise when we become dependent on others for help.

## Andrew Costa, PhD



Dr. Costa is the Schlegel Research Chair in Clinical Epidemiology & Aging and an Assistant Professor in the Department of Health Research Methods, Evidence and Impact and the Department of Medicine at McMaster University in Ontario, Canada. Dr. Costa's research promotes evidence-based care and health policy in geriatric care, making use of health information and technology to develop better models of care and decision support systems in home and community care, emergency departments, and acute care.

## David Nace, MD, MPH



Dr. Nace is an Associate Professor and Director of Long-Term Care and Flu Programs at the University of Pittsburgh whose research focuses on infectious disease in long-term care. He is the principal investigator for a federally funded study that seeks to implement a program for and update guidelines to improve urinary tract infection management in 40 nursing homes across four states. He also serves as a co-investigator on two other federal studies to design and test a national antimicrobial stewardship toolkit for nursing facilities.

## Naushira Pandya, MD, CMD



Dr. Pandya is an Associate Professor and Chair of the Department of Geriatrics at Nova Southeastern University College of Osteopathic Medicine, and Medical Director of the State Veteran's Nursing Home in Florida. In addition to teaching, she has an active nursing home and ambulatory care practice in geriatrics and endocrinology. Her interests focus on bettering management of diabetes in frail, elderly patients by researching sliding-scale insulin options and reducing unneeded blood draws.

## Roger Wong, MD



Dr. Wong is a Clinical Professor in the Division of Geriatric Medicine at the University of British Columbia Department of Medicine and a Consultant Physician of the Geriatric Consultation Program at Vancouver General Hospital. His research focuses on hospital medicine in vulnerable older adults, including quality improvement in acute care geriatrics. As President of the Canadian Geriatrics Society, he founded the state-of-the-art Acute Care for Elders (ACE) Unit in Vancouver, which has been implemented nationally and internationally.