

August
23

5th Annual

Advances in Post-Acute and Long-Term Care Symposium



Re-Thinking Best Practices in Long-Term Care

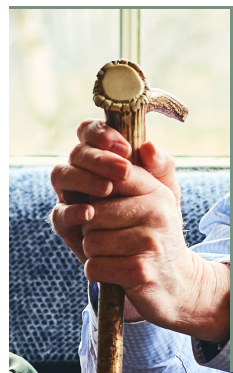


FLORIDA STATE UNIVERSITY
COLLEGE OF MEDICINE



INSTITUTE FOR
SUCCESSFUL LONGEVITY

The Maguire Center
Westminster Oaks
4449 Meandering Way
Tallahassee, FL 32308



Schedule

- 8:00 am** Registration/Check-in
Continental Breakfast
- 8:30 am** David Nace, MD, MPH
New Guidelines on Urinary Tract Infection Management
- 9:30 am** Roger Wong, MD
Preventing Social Isolation and Loneliness in Older Adults
- 10:30 am** Break
- 10:45 am** Naushira Pandya, MD, CMD
Navigating Diabetes in Post-Acute and Long-Term Care
- 11:45 am** Lunch Provided
- 1:00 pm** Keynote Presentation:
Wendy Lustbader, MSW
Living as Prescribed: Ways to Motivate Improved Self-Care
- 2:30 pm** Break
- 2:45 pm** Andrew Costa, PhD
The Influence of Physician Practice on Overall Long-Term Care Quality and Patient Outcomes - Evidence from Canada
- 3:45 pm** Workshops
- 4:30 pm** Conclusion



Continuing Education

Continuing education hours will be offered for:

- MD, DO, PA, and CMD
- RN and LPN
- LCSW, LMHC, and MFT
- NHA and NAB

Number of units available soon.

Accommodations

Staybridge Suites Tallahassee
1600 Summit Lake Drive
Tallahassee, Florida 32317
staybridge.com/Tallahassee/Staybridge

Discounted group room rate available until August 1. Group code provided upon registration.

Registration

Registration Fee: \$70

More information on how to register available soon.

Questions?

Sarah English
850-644-1507
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med.fsu.edu/geriatrics/PALTCC

Meet Our Presenters

Keynote: Wendy Lustbader, MSW



Ms. Lustbader is an Affiliate Associate Professor at the University of Washington School of Social Work and teaches courses in multigenerational studies. She is a skilled psychotherapist, having worked almost 20 years at a community clinic in downtown Seattle. Some of her publications include *Taking Care of Aging Family Members* - a practical guide to caregiving and *Counting on Kindness*, which helps readers comprehend the complex and often unspeakable feelings that arise when we become dependent on others for help.

Andrew Costa, PhD



Dr. Costa is the Schlegel Research Chair in Clinical Epidemiology & Aging and an Assistant Professor in the Department of Health Research Methods, Evidence and Impact and the Department of Medicine at McMaster University in Ontario, Canada. Dr. Costa's research promotes evidence-based care and health policy in geriatric care, making use of health information and technology to develop better models of care and decision support systems in home and community care, emergency departments, and acute care.

David Nace, MD, MPH



Dr. Nace is an Associate Professor and Director of Long-Term Care and Flu Programs at the University of Pittsburgh whose research focuses on infectious disease in long-term care. He is the principal investigator for a federally funded study that seeks to implement a program for and update guidelines to improve urinary tract infection management in 40 nursing homes across four states. He also serves as a co-investigator on two other federal studies to design and test a national antimicrobial stewardship toolkit for nursing facilities.

Naushira Pandya, MD, CMD



Dr. Pandya is an Associate Professor and Chair of the Department of Geriatrics at Nova Southeastern University College of Osteopathic Medicine, and Medical Director of the State Veteran's Nursing Home in Florida. In addition to teaching, she has an active nursing home and ambulatory care practice in geriatrics and endocrinology. Her interests focus on bettering management of diabetes in frail, elderly patients by researching sliding-scale insulin options and reducing unneeded blood draws.

Roger Wong, MD



Dr. Wong is a Clinical Professor in the Division of Geriatric Medicine at the University of British Columbia Department of Medicine and a Consultant Physician of the Geriatric Consultation Program at Vancouver General Hospital. His research focuses on hospital medicine in vulnerable older adults, including quality improvement in acute care geriatrics. As President of the Canadian Geriatrics Society, he founded the state-of-the-art Acute Care for Elders (ACE) Unit in Vancouver, which has been implemented nationally and internationally.